



Target Audience

Care and Support staff in a variety of settings, and Housing and Housing Support Teams who are providing direct care and support.

This course has been developed to provide learners with an overview the Mental Capacity Act which will support them to inform, and involve a person they support to make decisions about their lives.

It will challenge staff in the way they think about how a person can be involved in making their own decisions, while making sure there are adequate safeguards in place around the decisions made.

This course is delivered using a range of methods and resources including:

Face to Face tutor facilitation, questionnaires, scenarios for breakout groups, questioning and participation and an end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- The Mental Capacity Act 2005
- The Care Act 2014

Course Content

- What is the Mental Capacity Act?
- The five core principles
- What is lack of capacity?
- Assessment of capacity
- Safeguarding and protection
- Reflection of previous practice

Learning Outcomes

After attending this course, learners will be able to:

- Give an overview of the Mental Capacity Act and state the five core principles
- Describe what a lack of capacity is and how to assess capacity
- Give an example of how to safeguard and protect in relation to MCA
- Give an example of how you can reflect on previous practice

Duration: 3 Hours