

## Target Audience

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Care and Support staff in a variety of settings and Housing Support Teams who are providing direct care and support.

This course has been developed to explore what is identified as a learning disability and how people may also have an additional diagnosis of a mental health condition, often referred to as a 'Dual Diagnosis'

**This course is delivered using a range of methods and resources including:**

- ◆ Face to face tutor facilitation, large group discussions, questioning, participation, scenario for breakout groups, questioning and participation, videos, and an end of session assessment.

**This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:**

- ◆ The Care Certificate Standard 9
- ◆ Royal College of general Practitioners – Health Checks for People with a learning Disability Toolkit

## Course Content

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- ◆ What is a Learning Disability?
- ◆ Causes of a Learning Disability
- ◆ Symptoms of Learning Disability
- ◆ Types of Learning Disability
- ◆ Learning Disability and Mental Health, 'Dual Diagnosis'
- ◆ Supporting a person with a Learning Disability and Mental Health Condition

## Learning Outcomes

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**After attending this course, learners will be able to:**

- ◆ State what a Learning Disability is
- ◆ List some causes of a Learning Disability
- ◆ List the symptoms of a variety of Learning Disabilities
- ◆ State 3 types of a Learning Disability
- ◆ Give an overview of how a person with a Learning Disability can be affected by a Mental Health Conditions
- ◆ Give an example of how to support a person with a Learning Disability and Mental Health Condition

**Duration: 3 Hours**