



# **Target Audience**

Care and Support staff in a variety of settings and Housing Support Teams who provide direct care and support.

This course has been developed to give learners an awareness of what a Dissociate Identity Disorder is and how to support an person who is affected by it. This course will look at the differences between D.I.D and Schizophrenia as these two are often mistaken for each other.

#### This course is delivered using a range of methods and resources including:

Face to Face tutor facilitation, questionnaires, video and case studies for breakout groups, questioning and participation and an end of session assessment.

# This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- Mind Document: Understanding Dissociative Disorders
- NICE Guidelines A brief guide to working with Dissociative Identity Disorder

# **Course Content**

- Mental Health and Legislation
- Symptoms of Dissociative Identity Disorder
- The impact of Dissociative Identity Disorder on a persons life
- Differences between Dissociative Identity Disorder and Schizophrenia
- Identifying and implementing treatment plans
- Planning for the future

### Learning Outcomes

#### After attending this course, learners will be able to:

- List key mental health and related legislations
- State symptoms of D.I.D
- Describe the likely impact of D.I.D on a person's life
- State the differences between D.I.D and Schizophrenia
- List available treatment
- Complete a personal action plan

## Duration: 3 Hours