

# Care and Support Planning - Introduction



## **Target Audience**

Care and Support staff in a variety of settings and Housing Support Teams who provide direct care and support.

This course has been developed to provide the learner with the knowledge and skills required to implement and practice the recording, storing, sharing and accessing of information. Learners will look at how person-centred thinking affects provision of social care services and they can support the service and organisation to plan and prepare for service provision.

The course encourages the learner to explore their own role in implementing person centred thinking and planning, in particular with effective recording techniques.

## This course is delivered using a range of methods and resources including:

Live tutor facilitation, questionnaires, interactive polls, scenarios for breakout groups, questioning and participation and an end of session assessment.

This course has been developed and mapped to current occupational standards, qualification frameworks and the following documents and resources:

- The Care Act 2014: Personalising Care and Support Planning
- Think Local Act Personal Guide: Delivering Care and Support Planning

#### **Course Content**

- What are care and support plans?
- Purposes of care and support plans
- Getting the person involved
- What to include
- Use of terminology

- Benefits of using person centred thinking with individuals
- Beliefs and values on which person-centred thinking and planning is based

#### Learning Outcomes

### After attending this course, learners will be able to:

- State what are care and support plans?
- Describe the purposes of care and support plans
- Give an example of how to get the person involved in their own care and support plan
- List what should be included
- Describe the impact of terminology in care and support plans
- List the benefits of using person centred thinking with individuals
- List the beliefs and values on which person-centred thinking and planning is based

**Duration: 3 Hours**